

Paralympic Fun Day & Sailability



We celebrated the last Paralympic Games for sailing in style, delivering a fun-filled session which offered rowing, sailing, and canoeing and powerboat trips. Sixteen individuals and their family members enjoyed the Watersports in a range of different boats; including the Trinity, Scaffie, Katacanoe, Aiming High, Access 303's AND the 2.4! With the sun shining and a consistent breeze, it was certainly a good day – all topped off with 2 Bronze medals for the GB Sailing Team at Rio!

Sailability events and sessions cannot happen without the support and dedication of our volunteers. We have had many positive comments on the service provided during Sailability sessions and the impact it has on the young client's lives. Some of whose confidence has risen and social interaction improved greatly. So AllAboard would like to formally thank volunteers for their time and effort in delivering a fun-filled season to our clientele. We would also like to welcome the many new volunteers who have joined us.

Although the Sailability sessions have finished for the season, the work doesn't finish there! We will be delivering training throughout the winter, delivering Disability Awareness Refresher training, First Aid training, and powerboat and rigging refresher sessions. Dates will be sent out to you closer the time.





The All Aboard! stand at the Celebrating Age Festival in the M Shed had lots of visitors on Sunday the 18th Sept.

It was a very successful day, with JK (our Community Contact Co-ordinator) and volunteers Elizabeth Jackson and Jenny Ball talking to the public about what AllAboard offers. We had great interest from new groups and managed to catch-up with some 'old friends' who dropped by for a chat; though the day was topped off by Elizabeth abseiling down the M Shed! Well Done!



A big 'thank-you' goes to JK, Elizabeth and Jenny and to Age UK and their partners for organising a great event.

Don't forget you too can benefit from the 'Celebrating Age Festival' by coming to our 55+ sessions. Every Thursday 10-12.30 you can go sailing, rowing or canoeing for £6. Please ring **0117 929 0801**, to book your place.

Team News

By Tim Stevenson – One of our Trustees

As many of you will know, we have had a difficult year with staffing our vital front of house office with both Emily and then Megan succumbing to health problems. I am delighted to tell you that "Family Hannan" have come to the rescue with Blaire and Gill agreeing to undertake the administration role between them for the time being.

You may also have heard that as the Centre continues to grow in activities we have decided that the time has come to appoint a Centre Manager.

We are shortly interviewing for the job and are seeking someone who will be responsible for all aspects of the management of the centre including business development, customer relations, liaising with partners, staffing matters, site and equipment management and budget control.

This manager will especially be required to maximise use, income generation potential and grant funding to further develop the centre.

Exciting times! I will keep you posted.

Congratulations to our Trustee Jenny Evans

We would like to congratulate one of our trustees, Jenny Evans, who gave birth to a healthy baby girl, Ellie Daisy Morrison, this month. Jenny has been with us since the beginning; learning to sail with us as a child, then running Wednesday after-school club for a number of years, until recently becoming a trustee – so we are delighted to announce this happy news. We have already booked Daisy into an instructors course!



In conjunction with the MetroBus, *Bristol City Council* are looking to re-route traffic at the western end of Spike Island Bridge. The traffic lights on Seaton Road Bridge will be removed and the bridge will afford a continuous two-way flow of traffic. North-bound traffic will go over Smeaton Road Bridge, around the roundabout, under McAdam Way, and along Brunel Lock Road to exit spike Island at Junction Lock Bridge. The turn right from Cumberland Road into Avon Crescent will be blocked for all but Exceptional Loads.

Bristol City Council are building on the changes; proposing that:

- Brunel Lock Road will become two-way, so southbound traffic from Junction Lock Bridge will use it to access the roundabout under Madam way, then turn onto Cumberland Road.
- The southern end of Ashton Avenue will be closed to all through traffic. The approach to the Crate Centre will be from the roundabout into Smeaton Road, which will become two-way at the point.
- Avon Crescent will be closed to all through traffic save for Exceptional Loads.

Bristol City Council are currently open to feedback on the proposals listed, so if you have any comment please get in contact with them. For more information, please see the leaflets on the noticeboard upstairs.

After-school Clubs & Saturdays Race Squad



We have had a great turn out with our Saturday Race Squad sessions with 12 racers coming to the first session – some of whom were new and invited to be part of the squad by showing potential during the Summer Holiday Club. Thank-you to Chris & Ben in advance for their time in delivering top-notch coaching this season!

We have also had great interest with our after-school clubs. We are now delivering rowing, canoeing AND sailing on Mondays, and up to 12 children attending on Wednesday, Thursday & Friday nights.

Thank-you in advance to our instructors Paul, Jamie, Richard, Dan and Dom. After school club will run up until the 21st October. If you are interested in joining in with our after-school clubs please call **0117 929 0801** for more information.

Our ‘Youth Sailability’ sessions on Tuesday nights which deliver highly specialist support on the water has finished for the season; proving to be very successful this year. We had six regular attenders who attended in all weathers enjoying the trip up the harbour to the Arnolfini. This was all possible thanks to our dedicated volunteers, our Senior Instructor, Brian Hall, and his glamorous assistant, Silvia Hall.

UPCOMING EVENTS

55+ AgeLink UK Day – 2nd October, 12.30-4.00pm

On 2nd October, our community Contact Co-ordinator, JK, and instructor, Phil, will be putting on a rowing session for over 55+'s from 12.30- 4.00pm. Come along and join in! If you would like to volunteer for this please let the office know on 0117 929 0801.

'Rowing the Atlantic' Talk – 7th October, 7.00pm (for 7.30 start)

Paul Williams who has rowed the Atlantic three times and holds a crossing World Record will be hosting a talk on the 7th October at Lydney Town Hall. Admissions are free though donations are welcomed.

Young Black Carer's Day – 22nd October, 11.00-3.00pm

This special day will support young carers from minority ethnic groups to access the water, experience the freedom watersports offer. We will need a lot of support in delivering this session, so we would be willing to volunteer with us on that day we would be very grateful. If you are available to volunteer, please let the office know – 0117 9290801.

First Aid Course – 22nd October, 10.00-4.00pm

If you would like to be booked on the course please phone 0117 929 0801.